

RESILIENCE TRAIL

DISCOVER STORIES OF RESILIENCE AND SPORTING TRIUMPH FROM THE GEELONG REGION

1 GALLAGHER'S KNACK FOR OVERCOMING SETBACKS

Jessica Gallagher's incredible resilience enabled her to compete at the highest level in multiple sporting codes. Read her story in the Origins exhibit. *Discuss the following with your peers.*

- What might Jess have felt when facing these setbacks?
- How do you think she was able to overcome these setbacks?
- Connection: can you think of a time you overcame a setback?

2 A NOMADIC SURFING JOURNEY

In 1963, **Peter Troy** travelled the world with a surfboard under his arm. Read about his story in the Origins exhibit.

What challenges would he have faced navigating unfamiliar countries in 1963?

How might his passion for surfing helped break down barriers?

What country credits Peter Troy for introducing them to surfing?

3 JOHN LANDY'S SHOW OF SPORTSMANSHIP

Watch the film of **John Landy's** incredible race in the Theatrette and read his story in the Game Changers exhibit.

See, Think, Wonder.

What do you See? _____

What do you Think? _____

What do you Wonder? _____

4 BREAKING STEREOTYPES WITH BEV FRANCIS

Read **Bev Francis'** story in the Game Changers exhibit to learn about her bodybuilding career. Despite being dubbed 'The Strongest Woman in the World' Francis never placed first in a competition. *Discuss the following with your peers.*

Take a stand:

- Do you think the competitions were judged fairly? Why or why not?

EXTEND YOUR LEARNING AFTER YOUR VISIT

- Research the topic of stereotypes and find some common examples. What are some ways you could challenge these stereotypes?
- Imagine travelling around the world like Peter Troy. What sport or activity would you do and where would you go?

